



## Peek at the Week...

- ☺ Tuesday, 14 April – Staff resumed duties with an ExCo meeting and a Staff meeting; boarders returned
- ☺ **Wednesday, 15 April – Lessons resumed starting with Week One**

### U/16 Boys Hockey Tour to Potchefstroom

Fourteen Junior boy's attended a coaching clinic held at Potchefstroom University where their own players helped coach and mentor the boys for 5 days.

Our team played 6 matches against imposing teams, such as: Affies, Centurion, Zwartkop, Potch Gim, and Wembly First Team. The team played exceptionally well, implementing their tactics and newly learnt and developed skills thoroughly.

The results of the 6 matches played were as follows:

Win: 1 Draw: 3 Lost: 2 Goals for: 4 Goals against: 5

Stanford was a team feared by most "Big Schools" as we dominated play and held our own against the top teams. The team was a young squad, consisting of mainly u/15 and u/14 boys who competed in a dominantly u/16 field!

Well done guys!

### Touring Squad:

Farai Chigumadzi (Captain & Goalkeeper), Gavin Pirie, Tam Johnson, Brandon Wentzel, Kyle Dorman, Marinus Gubitz, Shawn Lamminga, Nico Dorfling, Dean Oosthuizen, Johan Pretorius, DJ Dewsnap, Brandon Wright, Thabang Mathale and Torin Wolff.



At the end of last term some students from the Grade 10 CAT class helped Mr Slater and Mr Ramohlola build and install 12 new computers for the Computer Centre. The computers were purchased as individual components and assembled from scratch under the expert guidance of Mr Slater. In the picture above, Grade 9 ICDL students can be seen using the new computers. Note the nice 19" LCD Wide-screen monitors!

The **Interact Club** is collecting money for the SPCA, which will be used to upgrade their kennel facilities. To give pupils something for their money, the Interactors have filled a large jar with Smarties. For R5, pupils will get a chance to win the jar by correctly guessing the number of Smarties in the jar. The more guesses, the more chance of winning! We do hope that you will support this worthy initiative.

### 1st team girls outplay opposition

The 1<sup>st</sup> team hockey girls travelled to NWU – PUK during the holidays to attend a five day hockey clinic. They attended training sessions in the morning and played matches in the afternoon and evening. They were wonderful ambassadors for the College, receiving compliments on everything from dress and skill to their very positive attitude. It was a hard five days of solid hockey, but the girls gave their all in training and applied the principles learnt in the matches. The result is a team with new focus, new techniques and immense enthusiasm for the season ahead. With an outstanding 6 wins in 7 games played, the season certainly looks to be, in the words of a number of the coaches, an explosive one!

Mrs Sarah-Jane Olivier



Bradley doing an "endo" in the Orange River!

### Orange River kayak trip

Andrew Dawson, Bradley and Christopher Altona left with me on the 31<sup>st</sup> of March for the Orange River, close to Pofadder. We spent two days getting used to the high volume river. The first group of clients arrived on the 4<sup>th</sup> and we started paddling on the 5<sup>th</sup> for four days. The second group only did the 3-day trip. The students were introduced to the life of a river guide – not as glamorous as they'd thought! It's hard work looking after clients on the river and then to make food for them when you're in camp as well. The students gained valuable experience and had a lot of fun. Finally we arrived back at school on the 14<sup>th</sup>, after travelling almost 4000km to Pofadder and back.

### EQUESTRIAN RESULTS

**Lanel van Nieuwenhuizen** competed in the Northern Gauteng Endurance Championships on 4 April during the holidays. She was the 1<sup>st</sup> member of the Northern Gauteng team to complete the 80km race, but ended 2<sup>nd</sup> overall. She received the award for the Best Conditioned horse. She has received Northern Gauteng colours for 2009 – which is the 6<sup>th</sup> time she has received them.

### Hockey Coaching Clinic in Potchefstroom

Fourteen keen hockey players, members of the Girls under16 team, left on Sunday 29<sup>th</sup> March to travel to Potchefstroom to attend a coaching clinic. The clinic was for 3½ days and was one of the most successful clinics they have attended. They were taught how to shave the ball away from their opponents and to steal, amongst other things. The learning curve was great. They played 8 games, 5 played on Astro. The results were:

Played	Won/lost	Goals
Vs Wembley 1st	0-3	
Vs Hs Aliwal Noord	0-3	
Vs Germiston Hoer	3-1 Won	
Vs Zwartkop	1-1 Draw	
Vs Goudveld	0-2	
Vs Volkskool Potch	0-3	
Vs Alberton	2-1 Won	Pearl, Clare-Ann
Vs AHS Kroonstad	Draw	

The Girls had a wonderful time and really learnt a lot and this will hopefully add to the success of the season. Thank you to both parents and girls for a great tour. Mrs. S. Jack

**Laureen Els** represented Limpopo Province at SA Schools' Athletics Championships in Durban from 6<sup>th</sup> - 8<sup>th</sup> April. She ran her personal best time in the 100m race, achieving a 5<sup>th</sup> position in 11.6sec. Laureen gained valuable experience at the Championships.

There has been a disappointing response to the Librarian's request for books. It's not too late to remember World Book Day [Shakespeare's Birthday] – 23 April by donating a book to our Outreach library at Appel School.

### Events in the week ahead ...

- ☺ **Respiro Vocal Week cancelled for next week.**
- ☺ **Wednesday, 22 April – Elections, but a normal school day**
- ☺ Thursday, 23 April – Compliance and Resource & Finance meetings.
- ☺ **Friday, 24 April – Closed weekend for Grade 11**
- ☺ Saturday, 25 April – Matric Dance
- ☺ **For Sports fixtures see the Daily Notices, or contact the Sports Office [Patrick or Mpho]**