

Peek at the Week ...

- ☺ Mon, 22 Mar – Public Holiday
- ☺ **Mon, 22 Mar – Sun City Tennis Tour [Girls] begins**
- ☺ Tue, 23 Mar – Lessons resume
- ☺ **Fri, 26 Mar – Term 1 ends**
- ☺ Fri, 26 Mar – Parent/Teacher meetings in the pupils' dining room after assembly
- ☺ **Fri, 26 Mar – HOLIDAYS BEGIN**
- ☺ Fri, 26 Mar – Sun City Tennis Tour – Girls return
- ☺ **Sat, 27 Mar – Egypt Tour departs**

A LETTER TO PARENTS

Dear Parents

Orphan Project 2010

We are conducting our Orphan Service Project again this year. Every Mentor Class has "adopted" an orphan/vulnerable child for the year. Each mentoree is familiar with the background of these children and will know what they need. Will you please help your child to obtain food, second hand clothes, books, blankets, pillows, stationery, etc. for these children? We will take all the donations to these orphans every second week.

Signed: Estie Fenske

EBENEZER MILE

Tarryn Brent finished the Ebenezer Mile in 10th position overall: LADIES. Well done, Tarryn! [Results for the Ebenezer Mile swum on Sunday, 21 March, are available on the Spectrum Sports Timing website.]

UPDATE ON THE FAYS

Mr Stephen Fay [previous Headmaster of Unicorn Preparatory School, now Head of Campus at Theodor Herzl High School in Port Elizabeth] sends greetings to all who remember him and his family. Keri-Lyn is doing her Honours year at NMMU and Kristen has successfully completed her first term at Stellenbosch.

GOLFING NEWS

Christopher Altona, Grade 11, persevered in humid conditions to win the Tzaneen Country Club 'C' Division Golf Championship on Saturday and Sunday last week. Playing off 16 Handicap, he shot a Gross Score of 180.

Greg Young went on to beat a field of over 36 'C' Division players to become the 2010 Polokwane Golf Club Champion. He shot rounds of 90 and 87. Greg also plays off Handicap 16.

Burtram and Henry Thomas qualified as reserves to play for the Inter-Provincial Limpopo u23 Golf team. **Ryan Hyde [Alumnus]**, will captain the strong Limpopo team. Well done, Stanfordians – see you on the golf course on Saturday, 24 April at SLC Golf at Tzaneen Country Club!

RIDERS & HORSES DO WELL

At the Revil Stables Show last weekend, **Mikayla Mc Donald's** young horse, Escada, had 2 double clear rounds at 80 cm - quite an achievement at 4 years of age.

Marelize Vermeulen did really well with a First Place in the 1.10m class amongst stiff competition from the cream of Gauteng's riders - quite an achievement.

Well done to both of you!

AND THE WORDS FLOWED...

ROJAC:

Lizanne Steenkamp, Thato Ramashala and Vicky Smale competed in the regional round of the Rotary Junior Ambassador's Competition (ROJAC) last week. They all performed very well in the prepared and unprepared speeches, general knowledge quiz and interview. Congratulations to Lizanne and Thato for being selected to represent the region in the finals which will take place next term. It is the third year running that Stanford has two finalists!

DEBATING:

The experienced team debated against Seshego Secondary School. They opposed the motion "Freedom of speech should remain within the boundaries of public security." Congratulations to the team on winning the debate. They now advance to the next round of the league knock-out stages.

NETBALL

The u15 Netball (Golden Girls) team recently participated at the high profile performance training camp at Sun City. The camp involved professional sessions including the warm up, agility exercises, offensive and defensive drills, psychological testing, umpiring and matches. The rigorous sessions lasted 5 – 6 hours of training every day. They were also granted time to attend the Valley of Waves and other activities at the entertainment centre. The skills learnt at this camp will no doubt help our team prepare for the forthcoming season. Well done girls!

Thank you to all the parents who travelled to support the team.

SWIMMING ACHIEVEMENTS

From 19 to 22 March, **Francois and Lyla** participated in the SA Level 2 Championship held at the Delville pool in Germiston. Well done!

distance	style	surname	PRELIMS		FINALS - TOP 10	
			time	ranked	time	ranked
100	FREE	MARITZ, FRANCOIS	1:00.72	23/36		
50	BREAST		33.23	8/29	33.21	7
50	FREE		26.87	17/42		
200	BREAST		2:47.34	3/14	2:47.44	5
50	FLY		29.77	22/45		
50	BACK	ADAM, LYLA	35.88	3/14	35.70	2
100	FREE		1:09.12	15/22		
50	BREAST		40.77	10/15	40.61	9
50	FLY		33.57	9/17	34.18	10

A FEW WORDS FROM THE PA

All parents, Alumni and families of Stanford Lake College are invited to attend Regatta Day on 27 April. Fun starts at 8 am till late afternoon. Eats and drinks will be on sale. Alumni and parents will have the opportunity to take part in games and activities. Watch this space for more detail.

Come and join in some fun at the Barnyard on Saturday, 15 May. Bring a group of friends [tables of 10], a bottle of wine and a basket of food and watch a live band from Gauteng called "That's How We Roll" for R100/ticket. You can book a table with Brigitte on 083 307 1976 or Megan on 082 479 7285. Don't miss out!

Events in the week ahead...

- ☺ HOLIDAYS!!
- ☺ **TUESDAY, 13 APRIL - Lessons Resume with Week 2**
- ☺ Please consult the Calendar for sporting fixtures taking place during the holidays
- ☺ **Friday, 16 April – Snapshot No 10 will be sent out**