

Peek at the Week ...

- ☺ Sun, 28Feb – Blyde Kayaking Festival
- ☺ **Mon, 01 Mar – Start of Cancer Week**
- ☺ Tue, 02 Mar – English Olympiad
- ☺ **Tue, 02 Mar – Limpopo Hockey Trials [Boys] LTT**
- ☺ Thu, 04 Mar – School “V Show” 18h30 – 20h30
- ☺ **Thu, 04 Mar – Science Olympiad**
- ☺ Fri, 05 Mar – Gr 9 Trek departs
- ☺ **Fri, 05 Mar – National Cancer Day**

INTERACT'S NEW PRESIDENT

At an induction ceremony on 1 March, the outgoing president, Kathleen Painter, handed over to the incoming president, Vicky Smale.

After a wonderful 2009 we look forward to an exciting 2010. Already the Interact projects have begun for 2010 - animal food and blanket collection (in progress), stock taking at the FoodZone (done and thank you to those who participated) and the "bean bag" project has begun.

The mission statement for 2010 is an anonymous quote: "A candle loses nothing by lighting another" and Interact hopes to encourage pupils to make a difference in the world.



ROUND SQUARE UPDATE

Emma Hutchison from Glenlyon Norfolk School in Victoria, British Columbia, Canada was at SLC last year on a Round Square Exchange.

While in South Africa, Emma designed a self-directed service project and with the generous assistance of the van Rooyen family she volunteered at the Holy Family Care Centre, an HIV/AIDS orphanage in Ofcolaco.

Emma brought paints, brushes and canvasses to the children and painted with them. She brought the children's completed works home to Canada and had them framed. On February 12th of this year Emma hosted a fundraiser at a local art gallery entitled "Love from Limpopo". Emma hired African drummers to play and she showed a video of her experience in South Africa. It was a very moving event. She sold all 20 of the children's pieces along with 12 of her own works!

This service project has raised 19,000 South African Rand for the Holy Family Care Centre.

NETBALL UMPIRE'S COURSE

By the end of the week, ten of our Matric pupils, three staff members and three SLC moms will have written the exam for either the Level 1 or 2 Netball Umpire's Certificate. This will allow the school to have a pool of umpires, [something that we have been very short of in the past], as well as giving the Matric pupils the ability to offer their skills once they leave school. We hope that this will become an annual tradition for the Open netball players and that the recently qualified will get the chance to grade during the course of the year.

At the request of the Grade 8s, the deadline for the Mentor group competition for contributions to the SPCA has been extended to Monday, 8 March.

GRADE 8 IRON CROWN ESCAPE

The Grade 8 Iron Crown expedition was a great success. The expedition commenced last Wednesday morning with a 16km hike from school to *Jan Se Camp* (located in Georges Valley). Upon arrival, students pitched their tents and made a camp fire to keep them warm for the rest of the evening. Conveniently camping near the Letaba River, we all jumped into the river and relaxed after a long day's walk!

With an early rise the next morning, we started another 16km hike from the base to the top of the Iron Crown – the tallest peak in Limpopo. Leading the hike was Sphiwe Dlamini (Gr. 8) who demonstrated the Stanford values of *determination* and *perseverance*.



After 6 hours of difficult up-hill hiking, we finally reached the summit. Our sight was limited by the heavy fog during the day, but we were fortunate as it later cleared, allowing us to get a spectacular view of the valleys below.

Overall, the expedition was a challenge for all, but the Grade 8's left with a smile on their face and a story to tell!

[Josh Dolgoy]

DIAMOND DASH ADVENTURE RACE

Stephan Bezuidenhout, Tarryn Brent & Ryan Garrett finished 10th Overall (out of 261 teams) in the 50km Diamond Dash held in Cullinan, Pretoria on 20 February 2010.

They raced hard in sweltering conditions and against professional teams. The race consisted of 2 runs (one navigational), 2 MTB legs (one navigational), an abssail and finished off with a swim.



Well done, Tshanduko!

AND TARRYN DOES IT AGAIN!



On Saturday, 27th Feb, Tarryn rode in the SA National Marathon MTB Championships held in Sabie. There were approx 1700 cyclists in the 40km race of which she finished 4th lady overall and 1st Youth Women.

She was awarded the Cycling South Africa Gold Medal for the Youth Women. Tarryn holds the title of SA Champion: Youth Women MTB 2010.

DADS & LADS WEEKEND

The Dads and Lads fun weekend at Pafuri takes place on 13 & 14 March at R500 per family. All dads and lads are welcome and dads without lads are allowed to borrow a lad for the occasion! Please contact Megan on 082 479 7285 for bookings and more information.

Events in the week ahead...

- ☺ Mon, 08 Mar – Dog Food deadline
- ☺ **Fri, 12 Mar – SLC Golf Day**
- ☺ Fri, 12 Mar – Gr 9 Trek returns
- ☺ **Sat, 13 & Sun, 14 Mar – Dads & Lads Weekend, Pafuri**