

### Peek at the Week ...

- ☺ Tuesday, 26 January – 1<sup>st</sup> Team Cricket vs Heuvelkruin [H] at 14h00
- ☺ **Wednesday, 26 January – First Grade 8 Sleep-Out**
- ☺ Wednesday, 27 January – Independent Schools Athletics, Nkowankowa Stadium
- ☺ **Thursday, 28 January – Boys' Provincial Hockey Trials**
- ☺ Friday, 29<sup>th</sup> & Saturday, 30 January – MTB Series Race at Barberton
- ☺ **Friday, 29<sup>th</sup> & Saturday, 30 January – SLC Hockey Coaching Camp starting 14h00**

#### INTER-HOUSE ATHLETICS RESULTS FROM LAST WEEK

**Orvis** won with 777 points; **Loomis** was second with 734 points; **Fenwick** was third with 546 points. Loomis won the Spirit Trophy. Congratulations to the following pupils:

|                        |                             |
|------------------------|-----------------------------|
| Junior Victor Ludorum  | Christopher Pelser [Loomis] |
| Junior Victrix Ludorum | Cassie McGaffin [Orvis]     |
| Senior Victor Ludorum  | Tam Johnson [Loomis]        |
| Senior Victrix Ludorum | Michaela McGaffin [Orvis]   |

#### CRICKET RESULTS

SLC First XI Cricket Team beat PEPPS by 5 runs in a 20/20 match with the following results:

|              |                         |
|--------------|-------------------------|
| <b>SLC</b>   | <b>157/4 (20 OVERS)</b> |
| <b>PEPPS</b> | <b>152/6 (20 OVERS)</b> |

Well done to Leon Tullis, who managed 68 runs and Burtram Thomas, who took three wickets.

#### GRADE 8 SLEEP-OUT

*The Grade 8 students began their adventure experience at Stanford by exploring the neighbouring forest. At the first sleep-out site, students were unable to access their sleeping bags and were forced to make a plan with a tarpaulin they received. Many found this task quite challenging but eventually managed to create a shelter to sleep. Their nap was shortened at midnight when the evacuation signal was made to move camps. We continued our walk in the early hours of the morning to a new camp site where students were able to utilise their sleeping bags and have a relatively comfortable sleep before returning to school to begin a normal academic day.*

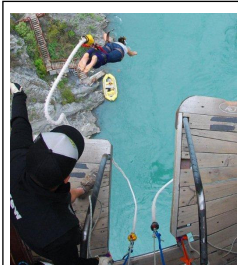
Josh Dolgoy [Adventure Facilitator]

#### CYCLING

**Tarryn Brent** cycled in the first of the combined CGC/GN Provincial X-Country Championship on Sunday, 24th Jan. She finished first overall in the Under 18 women.

In the MTN ATTAKWAS #1 of the National MTB Series on 16th Jan, Tarryn finished 2nd in her category, Young Women, and 12th overall of the women in the 53km race.

During December the Sabie Experience Mixed Junior Team, [Tarryn's team] won both stages of the Experience and finished first overall. Well done, Tarryn!



#### SCARY FUN IN NEW ZEALAND

**Kayla Janke** had a ball in the adventure city of Queenstown, New Zealand,. She did her first bungi jump off the Kwaratui Bridge there.

#### ATHLETICS

SLC's Athletics Team has once again experienced an exciting day at The Independent Schools' Athletics Championships at Nkowankowa Stadium in Tzaneen on Wednesday. The results achieved ranged from outstanding to very encouraging. Many individual performances have been recorded and can be seen in the summary of results on the school website [www.stanfordlakecollege.co.za](http://www.stanfordlakecollege.co.za).

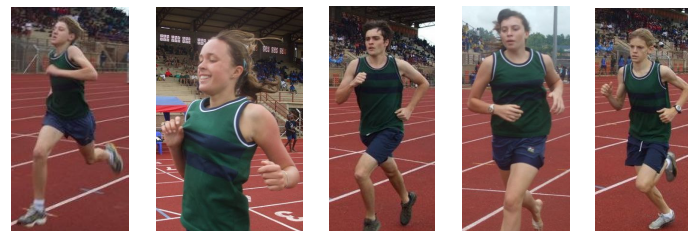
Special mention must be made of the Athletics Captains, Meldah Pilusa and Stephan Bezuidenhout, for the exceptional way they led the team.

As usual there are a number of people to be thanked - all those who contributed to the team success: the coaches who spent hours on the track and field selecting and fine tuning the boys and girls, as well as the staff who officiated at the various Heats and Standards Competitions. We are fortunate to have passionate parents who follow and support the athletes at all meetings - thank you for your back up! Mrs Willson ensured we had plenty to eat and drink throughout the day - thank you.



The following were the overall positions and results:

|                  |                       |         |
|------------------|-----------------------|---------|
| 10 <sup>th</sup> | Jabez                 | 59 pts  |
| 9 <sup>th</sup>  | Eagle's Nest          | 118 pts |
| 8 <sup>th</sup>  | Maseala               | 130 pts |
| 7 <sup>th</sup>  | The King's Court      | 150 pts |
| 6 <sup>th</sup>  | Southern Cross        | 152 pts |
| 5 <sup>th</sup>  | Mitchell              | 155 pts |
| 4 <sup>th</sup>  | Khanyisa              | 168 pts |
| 3 <sup>rd</sup>  | Heuvelkruin           | 348 pts |
| 2 <sup>nd</sup>  | PEPPS                 | 425 pts |
| 1 <sup>st</sup>  | Stanford Lake College | 685 pts |



#### Events in the week ahead...

- ☺ Saturday, 30 January – Atlantic Rugby 7s at Peter Mokaba Stadium starting 09h00
- ☺ **Saturday, 31 January – Second day of MTB Series at Barberton**
- ☺ Monday, 1 February – World Water Week starts
- ☺ **Tuesday, 2 February – World Water Day**
- ☺ Wednesday, 3 February – Jnr & Snr Inter-House Debating
- ☺ **Wednesday, 3 February – 1<sup>st</sup> Cricket team vs Seshego 20/20**
- ☺ Friday, 5<sup>th</sup> & Saturday, 6<sup>th</sup> February – Limpopo Swimming Championships in Polokwane
- ☺ **Saturday, 6 February - Small Schools' Athletics Meeting, Musina**
- ☺ Saturday, 6 February – IEB User Group Conferences for staff in Johannesburg
- ☺ **Sunday, 31 January – SLC Hockey Coaching Camp continues from 08h00**